

PRO-LIFE 101

SESSION 2: SPIRITUAL CONSEQUENCES OF ABORTION

TAKEN FROM

making LIFE
DISCIPLES™

*Equipping the Church to offer compassion, hope, help,
and discipleship to women and men considering abortion.*

SPIRITUAL CONSEQUENCES OF ABORTION

Research supports the notion that an abortion decision can negatively affect many areas of a woman's, and even a man's, life. While not studied as widely, it makes sense that abortion would also have an impact on a person's relationship with God, especially if that person recognizes and embraces their spiritual self and their relationship with a Creator.

Sometimes people are affected spiritually immediately after an abortion, when guilt, shame, or other emotions or feelings reminds them they have violated their own faith, beliefs, or values. It can also affect them years later, perhaps after they have had a spiritual awakening or transformation and come to recognize God's sovereignty and the high value He places on all life, including the unborn. There are also others who may experience guilt and shame, or other negative spiritual consequences, because they participated in someone else's decision to abort.

Regardless of the situation, there is good news! People who have already experienced abortion in some manner can receive God's forgiveness and healing. They should always be reminded that abortion is not an unforgivable sin. In fact, the Bible reminds us, **"If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness"** (1 John 1:9).

If a woman or man is interested in healing from a past abortion, referrals can be made to community resources that provide this service. Most Care Net pregnancy centers offer post-abortion recovery programs. A list of these centers can be found at care-net.org/find-a-pregnancy-center.

For people who have not experienced abortion but are considering it as an option, education should include a discussion surrounding the potential consequences. Some people may want to talk about abortion on a spiritual level while others will not. There is a spiritual side to abortion that should be considered, nonetheless. Life Disciples are given an incredible opportunity to help women and men explore how their spiritual beliefs can inform their pregnancy decisions.

NOTES:

ENDNOTES: SESSION 1

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